Therapon University's

WORKBOOK

For the Course of Study

Handbook For
CHRIST-CENTERED
COUNSELING
The Dynamics of Spirituotherapy©

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Workbook by Daniel G. Hiers, Ph.D.

To be completed as the student reads the course text
Upon completion, return to Therapon University for grading.

Student's Name:

1

The Christian as Counselor

1. _____ are not the cure-all in dealing with the personal problems faced by all of us in this generation.

2. The Apostle Peter identified the only One Who can "cure all" when he said, "_____ _____ (Acts. 9:34)

3. Read Luke 4:16-22. What prophetic mission was Jesus claiming when He stood and cited Isaiah 61:1-2 in the synagogue?

   a) _____ (v. 18b)

   b) _____ (v. 18c)

   c) _____ (v. 18d)

   d) _____ (v. 18e)

   e) _____ (v. 18f)

   f) _____ (v. 19a)

4. What was Jesus' response when the Pharisees accused Him of eating with publicans and sinners? (Matt. 9:10-13)

   a) _____ (v. 12b)

   b) _____ (v. 13c)

   c) _____ (v. 13d)

5. Does theological training automatically qualify a person to tackle the personal problems faced by this generation? _____ Yes _____ No.

6. How would you define "good" Christian counseling? *(Thought Question)* _____

   _____

   _____

   _____

(lines continued next page)

_____

_____

_____

7. In Romans 8:29, the Apostle Paul declares that every child of God is predestined to be _____

8. As we conform to the image of Christ, how has the Apostle Paul instructed us to walk?

   a) _____ (Col. 2:7a)

   b) _____ (Col. 2:7b)

   c) _____ (Col. 2:7c)

9. The average person thinks of a counselor as a _____

_____

_____

_____

10. In Psalms 108:12-13, what does David say concerning the advice that we seek?

    a) _____ (v. 12a)

    b) _____ (v. 12b)

    c) _____ (v. 13a)

    d) _____ (v. 13b)

11. Christian counseling, stated simply, is _____

_____

_____

_____

_____

12. In Colossians 1:28, the word "counseling" could be substituted for the word "teaching." Write out Col 1:27-28, substituting the word "counseling" for "teaching." _____

_____

_____

_____

_____

_____

_____

_____

_____

13. The object of counseling and teaching is to _____

_____

14. When the Apostle Paul listed the five vocations in Ephesians 4:11-15, what purposes were they to serve?

a) _____ (v. 12a)

b) _____ (v. 12b)

c) _____ (v. 13a)

d) _____ (v. 13b)

e) _____ (v. 13c)

f) _____ (v. 14a)

g) _____ (v. 14b)

h) _____ (v. 14c)

i) _____ (v. 15b)

15. A counselor's first endeavor is to _____

_____

_____

16. The Apostle Peter has instructed us to do two things.

a) _____ (2 Pet. 3:18a)

b) _____

_____ (2 Pet. 3:18b)

17. Christ-centered counseling could be defined as _____.

18. Define witnessing. _____

_____

_____

_____

19. The goal in witnessing to the unsaved is to _____

_____

20. The goal in witnessing to Christians is to _____

_____

21. Not all Christians are called to be counselors, but all are commanded to _____

_____(Acts 1:8)

22. We are to be witnesses not only to His power to save our immortal souls, but also to His grace and power to _____

_____

_____ (Phil. 4:19)

23. What does Isaiah 43:10a say? _____

24. There are many verses available for witness. Name the verse that can be used to prove each truth from the Bible.

    a) God's love: _____

    b) All are sinners:_____

    c) God has a solution for sin. _____

    d) Who can be saved? _____

    e) A believer has assurance. _____

25. Have you ever witnessed to a person? Would you like to share the experience?

    (Answer optional) _____

    _____

    _____

    _____

    _____

    _____

2

Counselor Preparation

1. Is God specific in the training He gives for the work He calls us to do?

   _____ Yes _____ No

2. What biblical characters could you name who received specific training for the work God called them to do? Briefly explain each one.

   a) _____

   _____

   _____ (Judges 13:5)

   b) _____

   _____

   _____ (1 Sam. 1:11, 28)

   c) _____

   _____

   _____ (Jer. 1:5)

   d) _____

   _____

   _____ (Matt. 4:18-20)

   e) _____

   _____

   _____ (Gal. 1:15-19)

3. Read Luke 1:5-17. How "specific" was God when He called John the Baptist?

   a) _____ (v. 13b)

   b) _____ (v. 13c)

c) _____ (v. 15a)

d) _____ (v. 15b)

e) _____ (v. 15c)

f) _____ (v. 16)

g) _____ (v. 17a)

h) _____ (v. 17b)

i) _____ (v. 17c)

j) _____ (v. 17d)

4. Is God's training program identical for any two counselors?

_____ Yes _____ No

5. Why would the training program be different for any two counselors?

a) _____ (1 Cor. 12:4a)

b) _____ (1 Cor. 12:5a)

c) _____ (1 Cor. 12:6a)

6. Though there are differences, what common ground is found in 1 Cor. 12:4-6?

a) _____ (v. 4b)

b) _____ (v. 5b)

c) _____ (v. 6b)

7. Name the different spiritual gifts found in 1 Corinthians 12:8-10.

a) _____ (v. 8a)

b) _____ (v. 8b)

c) _____ (v. 9a)

d) _____ (v. 9b)

e) _____ (v. 10a)

f) _____ (v. 10b)

g) _____ (v. 10c)

h) _____ (v. 10d)

i) _____ (v. 10e)

8. The primary source of preparation is that hammered out in _____

_____

_____

_____

9. Christ-centered counseling has been defined as _____

_____

10. All Christians are expected to be _____, but not all by

_____.

11. In Ephesians 4:11, the Apostle Paul mentions 5 vocations.

a) _____ d) _____

b) _____ e) _____

c) _____

12. The person whom God has called to vocational Christian counseling has generally _

_____

_____

13. In Luke 22:31-32, when Jesus predicted the sifting of Simon Peter, what instructions did Jesus give him? _____

_____

_____ (v. 32)

14. _____ is _____, but putting it into practice where the tire meets the road is the acid test of reality.

15. The preparation for Christ-centered counseling is considered under three headings.

    a) _____

    b) _____

    c) _____

16. _____ _____ is the *sine qua non* in the making of the spiritual counselor.

17. The ultimate goal for Christ-centered counseling is to _____

    _____

18. What were the words of instructions the Apostle Paul gave to Timothy concerning the care and spiritual growth of the flock? _____

    _____

    _____

    _____

    _____ (1 Tim. 4:6)

19. To work in close cooperation with the Spirit, the counselor

    a) must first have _____

    _____

    _____

    b) must also have successfully _____

    _____

    _____

    _____

20. The counselor who does not hold to the _____ of the _____ does not have a sure foundation on which to build.

21. The Apostle Paul told Timothy that "all scripture is given by inspiration of God and was profitable for

    a) _____ c) _____

    b) _____ d) _____

22. What purpose would the inspired Word serve?

    a) _____ (2 Tim. 3:17a)

    b) _____ (2 Tim. 3:17b)

23. Name three "*musts*" for the counselor.

    a) Must _____

    _____

    b) Must _____

    _____

    c) Must _____

    _____

24. The counselor's success in his experience with man will be in direct proportion to his success in his experience with God. His must be a _____ - _____ theology and a _____ - _____ life.

25. The spiritual preparation consists of a life where self _____

    _____, and the person has _____

    _____

    _____

    _____

26. The life of the Apostle Paul is a good example of where self has been dealt a death blow, enabling him to minister the Christ-life in the power of the Spirit. How was this accomplished?

a) _____ (Rom. 8:36a)

b) _____ (Rom. 8:36b)

c) _____ (1 Cor. 15:31b)

27. In Matthew 16:24, what did Jesus tell His disciples that a person must do if they desired to follow Him?

a) _____ (v. 24b)

b) _____ (v. 24c)

c) _____ (v. 24d)

28. The practical training to be used of the Lord in this way is _____

_____, taught by the Holy Spirit

using persons skilled in the _____.

29. What instructions did the Apostle Paul give Timothy concerning the practical training needed for skillfully using the Word of God?

a) _____ (2 Tim. 2:15a)

b) _____ (2 Tim. 2:15b)

c) _____ (2 Tim. 2:15c)

30. What are the ground rules for witnessing to unbelievers?

a) _____

b) _____

_____

c) _____

_____

31. Does a person who enters full-time counseling need to be assured of God's leading?

_____ Yes _____ No

32. How does a person know their calling? _____

_____

_____

_____

_____

33. What instructions does the Apostle Paul give to the person who knows his/her calling? _____

_____ (Rom. 12:6a)

34. List the differing gifts Paul mentions in Romans 12:6-8.

a) _____ e) _____

b) _____ f) _____

c) _____ g) _____

d) _____

35. Read Matthew 25:14-30. What principle was Jesus teaching in the parable of the talents? _____

_____

_____

_____

36. What has Malachi 3:10 instructed us to do? _____

_____

_____

_____

_____

_____

3

A Simplified Model of Man

1. In considering the makeup of man, we must consider him in his estranged relationship to God, as well as explaining the riches in glory available to the Christian. To do this, we must look at what he was in _____ as contrasted with what he is in _____.

2. How does 1 Cor. 15:21 explain the contrast between "in Adam" and "in Christ"?

   a) _____ (v. 21a)

   b) _____ (v. 21b)

3. Read 1 Cor. 15:47-49. How does the Apostle Paul explain the contrast between a body subject to death and a body that is immortal?

   a) _____ (v. 47a)

   b) _____ (v. 47b)

   c) _____ (v. 48a)

   d) _____ (v. 48b)

   e) _____ (v. 49a)

   f) _____ (v. 49b)

4. The _____ is the _____ which will span the gulf by cutting off what we were in Adam through death, while bringing into existence a new dimension - _____

5. What does 1 Corinthians 15:22 state? "_____ _____."

6. In John 11:17-27, what comforting words did Jesus speak to Martha, as they stood outside Lazarus' tomb? _____ _____

_____

_____ (vs. 25-26)

7. How does the Apostle Paul explain the nature of the resurrection of the body in 1 Corinthians 15:42-44?

   a) _____ (v. 42b)

   b) _____ (v. 42c)

   c) _____ (v. 43a)

   d) _____ (v. 43b)

   e) _____ (v. 43c)

   f) _____ (v. 43d)

   g) _____ (v. 44a)

   h) _____ (v. 44b)

8. Of what does Jesus give the believer assurance in John 5:24?

   a) _____ (v. 24c)

   b) _____ (v. 24d)

   c) _____ (v. 24e)

9. Adam is the federal head of the _____ _____.

10. As descendents of Adam, have we all been made partakers of his sin nature? Use Rom. 5:12 and Rom. 3:23 to explain. _____

    _____

    _____

11. The Lord Jesus Christ is the federal head of a _____ _____.

12. Describe the first man Adam and the last Adam using 1 Cor. 15:45.

    a) The first man Adam was _____

    b) The last Adam was _____

13. Adam was made a living soul by having _____

    and he became a dying soul as he _____

    _____

14. Write out Genesis 2:7 and 17.

    a) _____

    _____

    _____

    _____ (v. 7)

    b) _____

    _____

    _____ (v. 17)

15. For what purpose was the last Adam, the Lord Jesus Christ, made to be sin? *(Thought Question)* _____

    _____

    _____

16. According to 2 Cor. 5:17, if any man be in Christ he is _____

    _____. Old things are _____

    (at the Cross); behold all things are become _____ (at the Resurrection).

17. By one man came _____. By another man came _____

    _____

18. What are some other terms for the spiritual nature called our "old man?"

    a) _____ d) _____

    b) _____ e) _____

    c) _____

19. Everyone who is "in Christ" may choose to live one of two ways.

    a) _____

    _____

    b) _____

    _____

    _____

20. What message is found in Colossians 2:12-13? *(Thought Question)* _____

    _____

    _____

    _____

21. Describe the unbeliever vs. the believer.

    a) The unbeliever, in Adam, _____

    _____

    _____

    b) The believer, in Christ, _____

    _____

    _____

22. Simply state what is the three-fold nature of man.

    a) _____ b) _____ c) _____

23. Theologically, this three-fold nature of man is known as the _____

    _____.

24. The focal point of the functioning or energizing of the personality is depicted as

    _____

25. The quality of life (or death) emanating from the spirit of man will dictate the quality of behavior whether of life unto life or _____ _____ (2 Cor. 2:16)

26. The natural man is man as he is born. What does Ephesians 2:1 say about the natural man? _____ _____

27. In Ephesians 2:5-6, the Apostle Paul explains what God has done for the believer.
    a) _____ (v. 5b)
    b) _____ (v. 6a)
    c) _____ (v. 6b)

28. The battleground for the control of man's being is man's soul, principally the _____.

29. Whatever or whoever controls a person's mind will control his behavior. _____ True _____ False.

30. What does Proverbs 23:7a tell us about this? _____ _____ _____

31. Explain the "dead spirit." _____ _____ _____ _____

32. Acts 26:18 indicates that natural man lives in darkness because of the power of Satan. What must occur in order for this condition to change? _____ _____

(Lines continued on next page.)

_____

_____

_____

33. Read John 3:3. What did Jesus tell Nicodemus about the spiritual birth?

_____

_____

34. How did Jesus explain the spiritual rebirth in John 3:6?

a) _____ (v. 6a)

b) _____ (v. 6b)

35. How is the spiritual rebirth made possible? _____

_____

_____ (John 3:15)

36. The _____ are to the soul what temperature is to the body.

37. _____ is purposeful in that it properly drives the individual to find peace through the new birth.

38. Describe the carnal man. *(Thought Question)* _____

_____

_____

_____

_____

39. Describe the spiritual man. _____

_____

_____

_____

_____

40. Read Colossians 2:11-15 and explain what Christ has accomplished for every believer.

    a) _____ (v. 13b)

    b) _____ (v. 13c)

    c) _____ (v. 14a)

    d) _____ (v. 14b)

    e) _____ (v. 14c)

    f) _____ (v. 15a)

    g) _____ (v. 15b)

    h) _____ (v. 15c)

41. What does Romans 8:29 say is God's goal for redeemed man? _____

    _____

42. When adversities are viewed in the light of God's goal for us, we understand that they (the adversities) are our friends. (Ps. 119:71) to humble, break and crush us that the fragrance of the Lord Jesus might emanate from us. We can respond by:

    a) _____

    _____

    _____

    b) _____

    _____

    _____

43. What does Hebrews 12:11 say? _____

    _____

    _____

    _____

    _____

44. We can have "*the abundant life*" (John 10:10) as we choose to _____ _____ (Gal. 5:16), or we can "*quench the Spirit*" (1 Thess. 5:19) and, by default, _____ _____ (Gal. 5:16b)

4

Spirituotherapy in Process

1. A person who enters counseling is not viewed as a _____ _____, but as a person with needs requiring _____

2. In John 6:35-40, what did Jesus say to the great multitude?

   a) _____ (v. 35a)

   b) _____(v. 35b)

   c) _____ (v. 35c)

   d) _____ _____(v. 40b)

   e) _____ (v. 40c)

3. Symptoms which prompt a person to seek help have their roots in the lack of a viable relationship with _____ through _____

4. Those seeking help have been encouraged by Jesus to "come unto Me." Write Jesus' words from Matthew 11:28-30. _____ _____ _____ _____ _____

5. What must the counselor accomplish first with the person seeking spiritual consultation? _____

(Lines continued on next page.)

_____

_____

6. What Scripture(s) could you choose to manifest the love of Christ?

   a) John 15:13: _____

   _____

   _____

   b) John 3:16: _____

   _____

   _____

   _____

   c) Romans 5:8: _____

   _____

   _____

7. The counselor or spiritual director can be a catalyst and sounding board for the individual who opens himself to God's spiritual microscope. Name the three basic areas of interest in the process.

   a) _____

   _____

   b) _____

   _____

   _____

   c) _____

   _____

8. What does Hebrews 12:1 say concerning the obstacles or hindrances to spiritual growth?

a) _____ (v. 1b)

b) _____ (v. 1c)

c) _____ (v. 1d)

9. In viewing the "presenting problems," why must the counselor guard against helping the individual escape their dilemma? _____

_____

_____

10. Read Psalms 119:71. How does this verse affirm the truth of the answer above?

_____

_____

_____

11. What words of encouragement has the psalmist offered in Psalms 66:10-12 concerning the trials in life?

a) _____

_____ (v. 10)

b) _____

_____ (v. 11)

c) _____

_____

_____ (v. 12)

12. Hebrews 12:11 can also be used as a source of encouragement. Write the verse here. _____

_____

_____

_____

13. After determining whether the person is regenerated or not, their _____

    _____ must also be determined.

14. The Apostle Peter describes how to promote growth in the believer's life. Read 2 Peter 1:4-9. What steps are mentioned?

    a) _____ (v. 5b)

    b) _____ (v. 5c)

    c) _____ (v. 6a)

    d) _____ (v. 6b)

    e) _____ (v. 6c)

    f) _____ (v. 7a)

    g) _____ (v. 7b)

15. Read 2 Peter 1:8. What does the Apostle Peter say will happen if these steps are followed? _____

    _____

    _____

16. Using 2 Peter 1:9, describe the condition of the person who has no spiritual growth.

    a) _____ (v. 9a)

    b) _____ (v. 9b)

    c) _____ (v. 9c)

17. List some of the blocks or hindrances to progress in counseling.

    a) _____

    b) _____

    c) _____

    d) _____

e) _____

f) _____

g) _____

h) _____

i) _____

j) _____

k) _____

l) _____

m) _____

n) _____

o) _____

p) _____

q) _____

r) _____

18. In James 5:14-15, why did James encourage the sick (those who need help) to call for the elders (counselors) of the church?

a) _____ (v. 14b)

b) _____ (v. 14c)

c) _____ (v. 15a)

d) _____ (v. 15b)

e) _____ (v. 15c)

19. Using James 5:16, explain why it is so important to eliminate the blocks or hindrances to progress in counseling process. _____

_____

_____

5
The Initial Interview

1. As the cliché goes, if we don't use _____, we may lose _____.

2. What counseling principles can you find in Hosea 11:4?

   a) _____ (v. 4a)

   b) _____ (v. 4b)

   c) _____ (v. 4c)

   d) _____ (v. 4d)

3. Using 2 Timothy 2:23-25, how would you counsel "those who call on the Lord out of a pure heart"?

   a) _____ (v. 23a)

   b) _____ (v. 24a)

   c) _____ (v. 24b)

   d) _____ (v. 24c)

   e) _____ (v. 24d)

   f) _____ (v. 25a)

4. Read 2 Timothy 2:25-26. Why did the Apostle Paul instruct Timothy to use such tact?

   a) _____ (v. 25b)

   b) _____ (v. 25c)

   c) _____ (v. 26a)

   d) _____ (v. 26b)

5. Christ-centered counseling should be based on "wisdom from above." How does James 3:17 describe this wisdom?

   a) _____

   b) _____

   c) _____

   d) _____

   e) _____

   f) _____

   g) _____

   h) _____

6. In meeting the individual and beginning the initial interview, it is important that a relationship as equals be established. How would you do that? _____

   _____

   _____

   _____

7. God's love must be communicated to the person. What does 1 John 4:16 say about this? _____

   _____

8. What are God's feelings towards the sinner and sin? Read Ephesians 2:4-5 and explain in your own words. _____

   _____

   _____

9. In counseling circles, the situation an individual presents or puts forward is sometimes called _____

10. The way a person thinks of himself usually is known as his _____ and the reasons behind such thinking will usually emerge rather rapidly as the _____ comes into focus.

11. The person should feel totally free to talk with little interruption by the counselor except for _____.

12. Many persons have a great need to be heard and understood in an _____ _____.

13. What principles does the Apostle Paul teach in Galatians 6:1-2 concerning the counseling process?

    a) _____ (v. 1b)

    b) _____ (v. 1c)

    c) _____ (v. 2a)

    d) _____ (v. 2b)

14. Understanding of the psychological symptoms can be an aid in understanding the individual, but labeling the emotional and/or symptoms can be very detrimental to _____

15. Doubting salvation is _____, whereas "feeling unsaved" is _____.

16. What steps and what Scripture(s) would you choose in counseling a person who is unsure about his/her salvation? _____

    _____

    _____

    _____

    _____

    _____

17. What did Jesus declare in John 10:28? _____

_____

_____

18. In Romans 8:35, the Apostle Paul lists a full range of experiences that could seem to pose a challenge to the reality of Christ's love. Name them.

a) _____ e) _____

b) _____ f) _____

c) _____ g) _____

d) _____

19. Read Romans 8:37-39. According to the Apostle Paul, what things cannot separate us from the love of God?

a) _____ f) _____

b) _____ g) _____

c) _____ h) _____

d) _____ i) _____

e) _____ j) _____

6

Succeeding Interviews

1. Understanding and love is required with some persons to win their _____

2. What instructions does the Apostle Paul give in Ephesians 4:1-3 that would enable you to counsel with love and understanding?

   a) _____ (v. 1b)

   b) _____ (v. 2a)

   c) _____ (v. 2b)

   d) _____ (v. 2c)

   e) _____ (v. 2d)

   f) _____

   _____ (v. 3)

3. What might be the greatest hurdle the counselor is to overcome? _____

   _____

   _____

4. Read 1 Peter 4:8. According to the Apostle Peter, how should we approach such a hurdle? _____

   _____

   _____

5. Using 1 Corinthians 13:4-8, describe the biblical view of love.

   a) Love _____

   b) Love _____

   c) Love _____

d) Love _____

e) Love _____

f) Love _____

g) Love _____

h) Love _____

i) Love _____

j) Love _____

k) Love _____

l) Love _____

m) Love _____

n) Love _____

o) Love _____

p) Love _____

6. For what must the counselor be alert? _____

_____

7. Using 1 Timothy 4:15, how would you encourage the client? _____

_____

_____

_____

8. It is vital that the study habits of the client be assessed to determine whether the assigned material has been perused or not used at all. The client frequently expects the counselor to cure them while they remain passive in the whole process. The client must be made aware of their responsibilities by the counselor in that their progress is going to be directly proportionate to the time spent in the assigned study of the Word, under the tutelage of the Therapist, the Holy Spirit. *(This is a statement.)*

9. What does Scripture say about studying, memorizing and meditating on God's Word?

   a) _____

   _____ (2 Tim. 2:15)

   b) _____

   _____ (Ps. 119:11)

   c) _____

   _____ (Ps. 40:8)

   d) _____

   _____ (Ps. 1:2)

   e) _____

   _____ (Ps. 119:15)

10. The client is responsible for changing their life. _____ True _____ False

11. What does Romans 15:13 say that could encourage your client? _____

    _____

    _____

    _____

12. The clients' only responsibility is to select the power source which enables them to live the Christian life. According to 1 Cor. 3:16, what is that power source?

    _____

13. Name some of the things the Holy Spirit does for the believer.

    a) _____ (John 3:3,5)

    b) _____ (Rom. 8:11)

    c) _____ (1 John. 2:20, 27)

    d) _____ (Acts 2:17-41)

e) _____ (John 16:13)

f) _____ (Micah 3:8)

g) _____ (Rom. 15:16)

h) _____ (Rom. 8:16)

i) _____ (John 14;16-26)

j) _____ (1 Cor. 2:10-16)

14. The function of the will is the key factor. By faith (an act of _____ _____) we walk in the _____ (Gal. 5:16), or by default we walk after the flesh.

15. What do the following scriptures say concerning this biblical truth?

a) _____

_____ (Gal. 5:16)

b) _____

_____

_____

_____ (Rom. 8:5)

c) _____

_____ (Rom. 8:14)

16. List the works of the flesh identified by the Apostle Paul in Galatians 5:19-21.

a) _____ j) _____

b) _____ k) _____

c) _____ l) _____

d) _____ m) _____

e) _____ n) _____

f) _____ o) _____

g) _____ p) _____

h) _____ q) _____

i) _____ r) _____

17. Read Galatians 5:22-23. What is the fruit of the Spirit?

a) _____ f) _____

b) _____ g) _____

c) _____ h) _____

d) _____ i) _____

e) _____

18. It is important that the client sees their symptoms and the resolution of their particular situation. But of paramount importance is the issue of who is getting the glory out of their living _____ or _____

19. Using 1 Peter 4:11, how would you instruct the client to live? _____

_____

_____

_____

_____

_____

20. As God's representative to the client, the counselor's function is to aid him in sorting out _____

_____

_____

which would prevent him from understanding and accepting truth.

21. What does Galatians 5:24-25 say about this? _____

_____

_____

_____

22. What is the cardinal principle in a counseling relationship? _____

_____ (Eph. 4:15)

23. The counseling path takes two prongs:

a) _____

_____

b) _____

_____

_____

24. Once the client understands how their past influences the present, they must also learn to move forward. How does the Apostle Paul say this can be done in Philippians 3:13? _____

_____

_____

_____

25. What do the following scriptures have to say concerning God's ability to meet all the believer's needs?

a) _____

_____ (Phil. 4:19)

b) _____

_____

_____ (Eph. 3:20)

26. Give three examples of overt rejection.

    a) _____

    b) _____

    c) _____

27. Give three examples of covert rejection.

    a) _____

    b) _____

    c) _____

28. In the parable of the prodigal son (Luke 15:11-32), the father accepted his returning son rather than reject him. In your own words, briefly tell the story.

    _____

    _____

    _____

    _____

29. What does God do when we confess our sins? (1 John 1:9)

    a) _____

    b) _____

    c) _____

    d) _____

30. What does 2 Cor. 5:17 say about the Christian's position in Christ? _____

    _____

    _____

    _____

31. The counselor must ever be kept mindful that it is not _____ work, but _____ work that is going to get the job done.

32. The work will be accomplished, not by human strength or resources, but by the power of God's Spirit. What does Zechariah 4:6b say about this? _____

_____

_____

7

Uppers and Downers

1. What is the counselor's ultimate goal? _____

   _____

   _____

   _____

2. What do the following scriptures say concerning the believer's victory?

   a) _____

   _____

   _____ (1 John 5:4)

   b) _____

   _____

   _____ (1 Cor. 15:57)

   c) _____

   _____

   _____ (1 John 4:4)

3. Should the counselor feel responsible to dictate to the client about how they should act or react in Christ? _____ Yes _____ No

4. What should the counselor do instead? _____

   _____

5. The victorious Christian life is lived in obedience to the Word of God. In Ephesians, chapters 4-6, the Apostle Paul emphasizes the behavior that should result from following the doctrines taught in the first three chapters. Name some of the behaviors.

a) _____ (Eph. 4:25b)

b) _____ (Eph. 4:26a)

c) _____ (Eph. 4:28b)

d) _____ (Eph. 4:29a)

e) _____ (Eph. 4:32a)

f) _____ (Eph. 5:2a)

g) _____ (Eph. 5:15a)

h) _____ (Eph. 5:19a)

i) _____ (Eph. 5:20)

j) _____ (Eph. 6:18a)

6. What instructions does the Apostle Paul give in Ephesians 4:22-24?

a) _____

_____

_____ (v. 22)

b) _____

_____ (v. 23)

c) _____

_____ (v. 24)

7. It is imperative that the counselor instruct the client to walk by _____ and not by _____.

8. Define faith according to Hebrews 11:1. _____

_____

_____

_____

9. Read Hebrews 11, and name some of the biblical characters who chose to walk by faith.

a) _____ g) _____

b) _____ h) _____

c) _____ i) _____

d) _____ j) _____

e) _____ k) _____

10. How important is faith?

a) _____ (Eph. 2:8)

b) _____

_____ (Heb. 11:2)

c) _____

_____ (Heb. 11:3a)

d) _____ (Heb. 11:6a)

e) _____

_____ (Heb. 11:6b)

f) _____

_____ (Heb. 11:6c)

g) _____ (Heb. 11:7e)

11. The client must be forewarned to lock in

a) _____

b) _____

c) And to ignore _____

12. Read 1 Corinthians 15:1-2. What did the Apostle Paul say, when he issued a forewarning to the Corinthians?

a) _____

_____

_____ (v. 1)

b) _____

_____

_____ (v. 2)

13. In Psalms 23:4, what powerful statement does David make in relation to his emotions? _____

_____

_____

14. What must the counselor remind the embattled believer? _____

_____

_____

15. Although the counselor may stand with the client, it is the responsibility of the client to put on their own armor in order to stand. List the 6 pieces of armor as listed in Eph. 6:10-18)

a) _____ (v. 14b)

b) _____ (v. 14c)

c) _____ (v. 15)

d) _____ (v. 16a)

e) _____ (v. 17a)

f) _____ (v. 17b)

16. To deal with the product without dealing with the _____ is but to invite disaster.

17. The counselor is initially and continually to aid the client in putting an end to _____ _____ and to walk consistently in _____ _____

18. What does John 15:4 say about abiding in Christ? _____ _____ _____ _____

8

The Bible in Spirituotherapy

1. Too frequently, the Word is used in the manner of a band-aid, dealing with the symptoms, when it is more than sufficient for _____

   _____

2. Using Psalms 119, explain why the Word is all sufficient for solving the problems of the client.

   a) The Word _____ (v. 25b)

   b) The Word _____ (v. 50b)

   c) The Word _____ (v. 89b)

   d) The Word _____ (v. 103)

   e) The Word _____ and a

      _____ (v. 105)

   f) The Word _____ (v. 129a)

   g) The Word _____ (v. 130a)

   h) The Word _____ (v. 130b)

   i) The Word _____ (v. 133a)

   j) The Word _____ (v. 140a)

   k) The Word _____ (v. 160a)

3. What happens when the whole counsel of God is not taught? _____

   _____

   _____

4. The written Word should be a vehicle for ministering the _____

   _____ in the power of the Holy Spirit.

5. How may the use of Scriptures be described in military parlance?

   a) The rifle approach: _____

   _____

   _____

   _____

   b) The shotgun approach: _____

   _____

   _____

   _____

   _____

   c) The artillery approach:_____

   _____

   _____

   _____

   _____

6. In 2 Tim. 3:16-17, the Apostle Paul states that Scripture is profitable for four things. Name the four things and, in your own words, briefly explain the meaning of each.

   a) _____ **:** _____

   _____

   b) _____ **:** _____

   _____

c) _____ : _____

_____

d) _____ : _____

_____

7. What purpose does Scripture serve? (2 Tim. 3:17)

a) _____

_____ (v. 17a)

b) _____

_____(v. 17b)

8. In Romans 15:4, what does the Apostle Paul say concerning the scriptures? _____

_____

_____

_____

9. Though counselors cannot fight their clients' battles for them, what assistance may they give? _____

_____

_____

_____

_____

10. Read 2 Timothy 2:21. What counsel does the Apostle Paul give to Timothy? _____

_____

_____

_____

_____

11. Read. 1 Timothy 6:11. Name the things the Apostle Paul instructed Timothy to pursue.

    a) _____ d) _____

    b) _____ e) _____

    c) _____ f) _____

12. In dealing with the enemy, what must a person know?

    a) _____

    b) _____

    c) _____

    d) _____

    e) _____

13. As in any war, the victory is only as secure as the _____

    _____

14. Maintenance of victory means that the supply lines must be kept open to the _____

    _____ force.

15. What do the following scriptures in Psalms say concerning the maintenance of open supply lines?

    a) _____

    _____

    _____

    _____ (Ps. 22:24)

    b) _____

    _____ (Ps. 66:18)

    c) _____

    _____ (Ps. 66:19)

d) _____

_____ (Ps. 66:20)

16. The Christian fights from a standpoint of victory, not to attain victory. How is that done?

a) _____

_____

_____

b) _____

_____

_____

c) _____

_____

_____

17. Every Christian must learn the art of warfare with the Enemy from without, and learn how to stand rather than be entangled or routed in the net of the Enemy. Study and memorize Ephesians 6:10-17.

18. Write 2 Timothy 2:26 in your own words. _____

_____

_____

19. What does the Apostle Paul say was the purpose of Christ's death?

a) _____

_____

_____ (Col. 1:21)

b) _____

_____

_____ (Col. 1:22)

20. How does the author of Hebrews 4:12 describe the Word?

a) _____ (v. 12a)

b) _____ (v. 12b)

c) _____ (v. 12c)

d) _____

_____ (v. 12d)

e) _____ (v. 12e)

f) _____

_____ (v. 12f)

9

Literature & Spirituotherapy

1. God speaks only and always through His _____

   _____ to the needs of

   _____

2. Psalms 19:7 states, "*Thy law of the Lord is* _____

   _____

   _____."

3. The Holy Spirit is the interpreter of God's Word. What two functions of the Holy Spirit are found in John 16:13?

   a) _____

   b) _____

4. Literature is to be used in the same manner as the counselor, to aid individuals in understanding how _____

   _____

   _____

5. Both literature and the counselor must be steeped in the _____ and offer only _____
   by application of the Word.

6. Literature is merely used to give additional insight from a different angle to aid the individual in understanding Scriptures which they may have known for years.

   _____ True _____ False

7. There can be no established order of study of literature along with the Word, because no two individuals are alike in their needs, nor in their preference, for authors and approaches to the explanation of spiritual truths.

   _____ True _____ False

8. The early interviews should concentrate on _____

   _____

   and then Scripture and literature can be used to _____

   _____

9. Of what must the astute counselor be discerning?

   a) _____

   b) _____

   c) _____

   d) _____

10. The Scriptures tell us the importance of the foundation upon which we build. How is that foundation described in the following Scriptures?

    a) _____ (1 Cor. 3:11)

    b) _____ (Isa. 28:16b)

    c) _____ (Isa. 28:16c)

    d) _____ (Isa. 28:16d)

    e) _____ (Isa. 28:16e)

    f) _____ (2 Tim. 2:19)

11. What does Psalms 119:9 say a young man should do? _____

    _____

    _____

12. Why is it so important to study and memorize God's Word? _____

    _____ (Ps. 119:11)

13. Using Psalms 119, name the habits we should develop, concerning the Word of God.

    a) _____ (v. 15a)

    b) _____ (v. 16a)

    c) _____ (v. 42b)

    d) _____ (v. 57b)

    e) _____ (v. 81b)

    f) _____ (v. 82a)

    g) _____ (v. 94b)

    h) _____ (v. 95b)

    i) _____ (v. 100b)

    j) _____ (v. 161b)

    k) _____ (v. 162a)

14. For what does the psalmist petition God, “according to thy word”?

    a) _____

    _____ (Ps. 119:28b)

    b) _____

    _____ (Ps. 119:76)

    c) _____

    _____ (Ps. 119:169b)

    d) _____

    _____ (Ps. 119:170b)

10

Last Things

1. The church is the institution which God ordained to meet the needs of _____

   _____

2. What command has been given in Hebrews 10:25a concerning the church? _____

   _____

3. Why would the fellowship of other believers be so important?

   a) _____ (Heb. 10:25c)

   b) _____ (Col. 2:19c)

   c) _____ (Col. 2:19d)

   d) _____ (Eph. 4:16a)

   e) _____ (Eph. 4:16b)

   f) _____ (Eph. 4:16d)

   g) _____ (Prov. 27:17a)

   h) _____(Prov. 27:17b)

   i) _____ (Eccl. 4:9a)

4. The counselor who loves those with which they counsel has an earnest desire that they continue "_____." (2 John 4)

5. What does the Apostle John say in 3 John, verses 3 and 4?

   a) _____

   _____

   _____ (v. 3)

b) _____

_____ (v. 4)

6. The only consistent way to overcome the sinful desires of our human nature (the flesh) is to live step-by-step in the power of the Holy Spirit. What instructions are we given in the following scriptures?

a) _____

_____

_____ (Rom. 6:12)

b) _____

_____

_____ (Rom. 13:4)

c) _____

_____

_____ (Gal. 5:16)

7. Walking each moment by faith in God's Word, under the Spirit's control, assures absolute victory over the desires of our sinful nature. What does scripture say concerning this biblical truth?

a) _____

_____ (Gal. 6:8a)

b) _____

_____ (Gal. 6:8b)

8. The Apostle Paul is saying that everlasting life is the glorious end of those who follow the guidance of the Spirit. What does Romans 6:22 say about this? _____

_____

_____

_____

9. A person may take the step of appropriating Christ as life and then not follow through. A child may take his first step, but he still has not learned to walk; he will probably fall flat on his face many tines before he walks consistently. What encouragement are we given in the following Scriptures?

   a) Psalms 37:23: _____

   _____

   _____

   b) Psalms 37:24: _____

   _____

   _____

   c) Psalms 145:14: _____

   _____

   _____

10. Using Psalms 146, name 11 things that the Lord does.

    a) The Lord _____ (v. 6b)

    b) The Lord _____ (v. 7a)

    c) The Lord _____ (v. 7b)

    d) The Lord _____ (v. 7c)

    e) The Lord _____ (v. 8a)

    f) The Lord _____ (v. 8b)

    g) The Lord _____ (v. 8c)

    h) The Lord _____ (v. 9a)

    i) The Lord _____ (v. 9b)

    j) The Lord _____ (v. 9c)

    k) The Lord _____ (v. 10a)

11. There must be the edifying of the church through the renewal of the Holy Spirit that it might be a haven for the _____ as well as the place where the person who is lost might _____ _____

12. State in your own words what the following two scriptures have to say concerning the function of the church.

    a) _____ _____ _____ _____ (Eph. 4:16)

    b) _____ _____ _____ _____ (Col. 2:19)

13. How are truths introduced in a classroom or from the pulpit? _____ _____ _____ _____

14. Others cannot be forced to drink, but they can become thirsty for what they see in an _____

15. Using 1 Timothy 4:12, name the area in which the "abiding victorious believer" should be an example.

    a) In _____ d) In _____

    b) In _____ e) In _____

    c) In _____ f) In _____

16. What does John 15:5 say about the "abiding" believer? _____

    _____

    _____

    _____

17. We can witness to the abundant life that God has given and the transformation he has wrought in our lives without "_____" those with whom we have opportunity to share.

18. What does John 10:10 say about the abundant life? Jesus said, "_____

    _____

    _____."

19. In your own words, briefly explain what Jesus meant by the "abundant life."

    _____

    _____

    _____

    _____

    _____

    _____

    _____

    _____